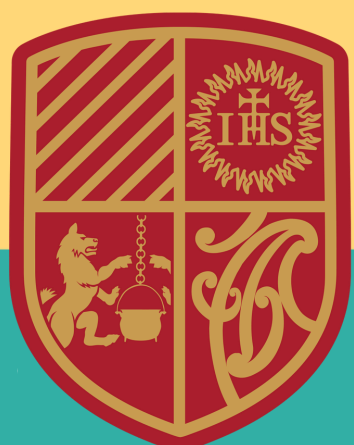


10 QUICK EXAM PREPARATION STUDY HABITS FOR ĀKONGA

- 1 Exam preparation should start from about 3-4 weeks out (2 weeks at a pinch).
- 2 When you begin, identify your exam types early as this will affect your preparation.
- 3 Once you know what your exams are, review your notes from the term and identify the key topics. Often exams are based on topics, or chapters (most exams will cover 3-8 topics).
- 4 Once you have identified the key topics, group your notes based on these.
- 5 Schedule your revision time into your weekly calendar each week. This will help keep your plan on track and make sure you cover the content evenly.
- 6 You should aim to cover your notes at least twice prior to the exam.
- 7 Leave yourself 2-3 days to really focus on any tough topics prior to the exam.
- 8 Make sure to schedule some group revision time, this will help you work through any advanced topics and reinforce your understanding.
- 9 It's not just about revising. It is crucial to give your mind the opportunity to perform at peak levels at the right time. The best way to do this is to give yourself a break just prior to the exam. Contrary to popular belief cramming right up to the exam is more often a hindrance to those students who have actually prepared correctly.
- 10 Stop studying your notes approximately 2 hours prior to your exam and just take a break, make sure you have eaten and hydrated and just think about your notes, your topics, your formula. During this time, only take out your notes to check if you get stuck or can't recall something.



WHAT TYPE OF LEARNER ARE YOU?



AUDITORY

Auditory learners make up **30%** of the population.

If you're an auditory learner information comes in best through your ears, from speeches, presentations or audio books. You have a knack for foreign languages and benefit from study groups.



VISUAL

Visual learners make up **65%** of the population.

They tend to be neat and tidy, excellent spellers and quick to read charts. Visual learners also tend to be the fastest talkers.



KINESTHETIC

Kinesthetic make up just **5%** of the population.

They are primarily male and love anything hands-on. These learners are often skilled athletes or musicians and are drawn to construction projects, science experiments and field trips.

Great study tips



[The 9 BEST Scientific Study Tips](#)

[How to Study Effectively for School](#)

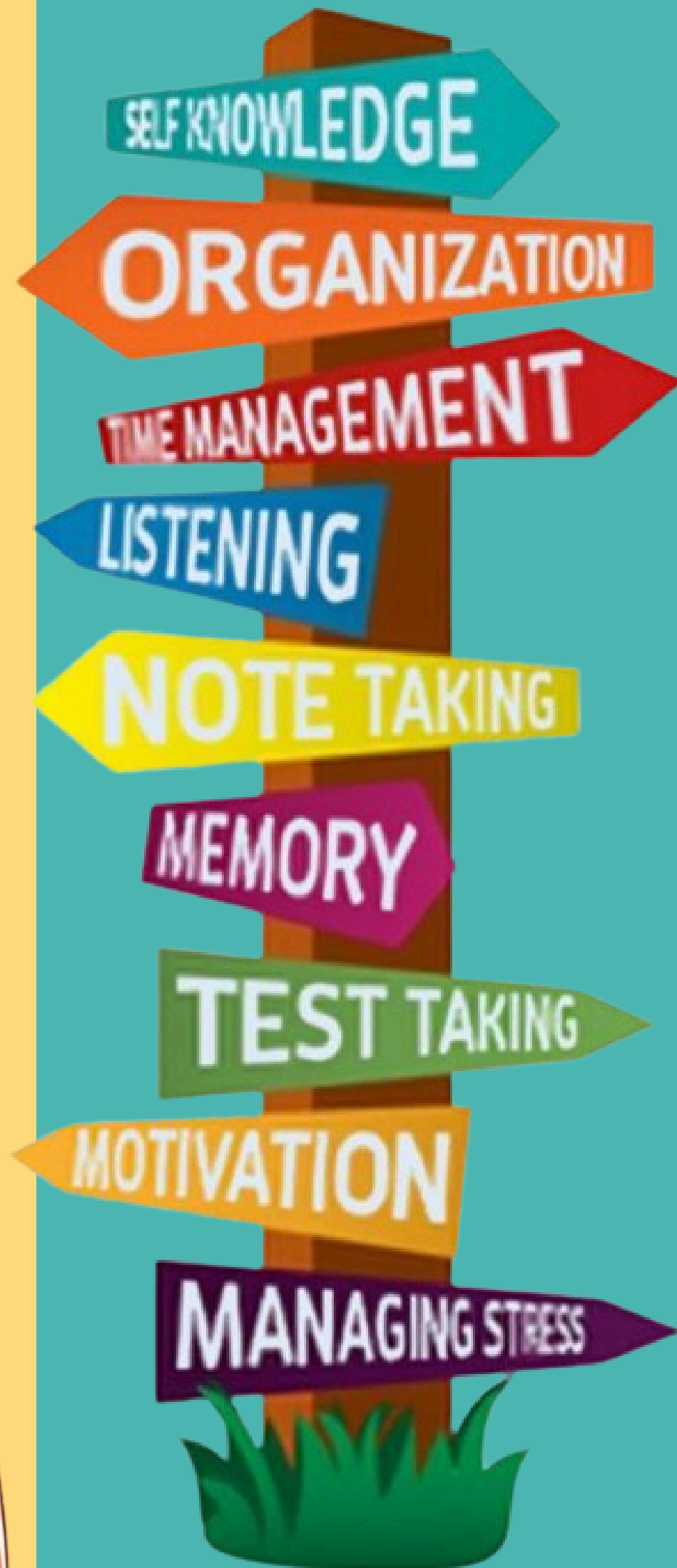
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