

St Ignatius of Loyola Catholic College



Option Selection Booklet



Year 10 2025
Option selection information for Ākongā





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Making a good option choice

Year 10 Option Choices: A Crucial Step for Your Future

As you move into Year 10 at St. Ignatius of Loyola Catholic College, you have an exciting opportunity to select subjects that reflect your strengths, interests, and potential career paths. These choices not only shape your learning next year but also serve as the foundation for your senior subjects in Years 11, 12, and 13. They are critical stepping stones towards your future career goals and success beyond school.

Why Are Good Option Choices Important?

Choosing the right Year 10 options is about more than just picking subjects you enjoy. These decisions impact your future opportunities:

1. Sets the Foundation for Senior Subjects

The subjects you choose in Year 10 will influence which NCEA Level 1 subjects you can take. Good choices now open doors to a wider range of subjects in the senior years.

2. Supports Career Pathways

If you already have an idea of the kind of career you want, selecting subjects that align with that field will set you on the right path, whether it's STEM, arts, business, or another area.

3. Allows Exploration of Interests

Year 10 is a great time to try out different subjects that you might not have had a chance to explore before. This can help you discover new passions and talents.

4. Helps Identify Strengths

Your option choices allow you to dive deeper into subjects you are already good at, helping you to further develop your skills and confidence.

5. Improves Academic Performance

Choosing subjects that you are genuinely interested in will likely lead to better engagement, effort, and performance in those subjects.

6. Builds Key Skills for the Future

Subjects like mathematics, science, English, and technology develop critical thinking, problem-solving, and communication skills essential for a wide variety of careers.





Making a good option choice

7. Prepares You for NCEA

Year 10 options help prepare you for NCEA Level 1, where subject-specific knowledge and skills are tested through both internal and external assessments.

8. Keeps Your Options Open

By making wise choices now, you avoid limiting yourself in the future. For example, selecting a science subject could allow you to pursue health sciences or engineering later on.

9. Boosts Motivation

Taking subjects that interest and challenge you can make school more enjoyable and motivate you to work hard and achieve your best.

10. Aligns with Long-Term Goals

Whether you want to go to university, start a trade, or enter the workforce, your subject choices now play a role in setting you up for success.

Next Steps

When selecting your Year 10 options, consider both your current strengths and your long-term goals. Talk to your teachers, parents, and careers advisors to make informed decisions that will help you excel not just in Year 10 but all the way through to Year 13 and beyond.

Remember, these choices matter, so take your time and choose wisely!

Note: All akonga are enrolled in 5 core areas as compulsory subjects. These are English, Mathematics, Science, Social Science and Religious Education. Option selection is in addition to these cores.





Process for making your 2025 choices

Year 10 Option Choices Process

Follow these steps to make informed Year 10 option choices using the **Schoolbridge App**. Consult with your parents or caregivers, and ensure your choices align with your interests and future goals.

- 1. Review Option Blurbs**
 - Read the summaries of each subject. This helps you understand what each course offers and how it fits your future plans.
- 2. Discuss with Parents/Caregivers**
 - Talk with your family about your options. Their input can help align your choices with your long-term goals.
- 3. Seek Teacher/Advisor Guidance**
 - Ask your teachers or the careers advisor for advice if you need help deciding on subjects based on your strengths and interests.
- 4. Log into Schoolbridge**
 - Use your credentials to log into the Schoolbridge App and navigate to the "Option Choices" section.
- 5. Choose 2 Options for Terms 1 & 2**
 - Select 2 subjects for the first half of 2025. Choose subjects that build a solid foundation for your senior years.
- 6. Choose 2 Options for Terms 3 & 4**
 - Pick 2 subjects for the second half of the year. Consider subjects that will broaden your learning and keep future options open.
- 7. Review Choices with Parents**
 - Double-check your selections with your parents/caregivers to ensure they align with your goals and strengths.
- 8. Submit via Schoolbridge**
 - Submit your choices through Schoolbridge by the deadline.
- 9. Follow Up with Teachers**
 - Confirm your choices with teachers to make sure you're on the right track for Year 10 and beyond.
- 10. Stay Engaged**
 - Keep communication open and be proactive with your learning. These choices prepare you for future NCEA subjects and career pathways.



2025 Options

ART

Unleash your creativity and express yourself through art!



Year 10 Art is the perfect opportunity to develop your artistic skills and explore various mediums such as drawing, painting, sculpture, and digital design. You'll learn about art history, techniques, and how to communicate ideas visually. Whether you're interested in refining your skills or trying something new, this subject encourages creativity and innovation.

Year 10 Art continues on as a Year 11 NCEA course.

Career Pathways:

Studying Art can lead to diverse and exciting career opportunities, such as:

- Graphic Design – Create digital visuals for websites, advertising, and branding.
- Illustration – Work as a freelance illustrator for books, magazines, and online media.
- Fine Arts – Become a professional artist, exhibiting and selling your work.
- Animation – Develop characters and environments for films, games, or TV.
- Art Therapy – Use art as a therapeutic tool to help people express their emotions.

Useful Links:

- [Careers in Graphic Design](#)
- [Becoming a Professional Artist](#)
- [Animation and Digital Art](#)

Whether you're passionate about becoming a professional artist or simply enjoy being creative, Year 10 Art provides you with the skills, techniques, and inspiration to pursue your artistic vision. No prior experience required—just an open mind and a love for creating!





2025 Options

CREATIVE DESIGN

Bring your ideas to life through design!



Year 10 Creative Design is the perfect subject for students who love to innovate and think outside the box. Creative Design focuses on developing skills in freehand and digital design, as well as model making, through the iterative design process. Ākonga engage in generating ideas and solutions in response to a design brief, gaining proficiency in sketching, model making, and laser cutting. This course lays the groundwork for the Year 11 NCEA subject Design and Visual Communication, which emphasizes Spatial and Product design. Ākonga are encouraged to explore new materials and techniques, including sustainable options, to design and create innovative products.

Career Pathways:

Studying Creative Design can lead to exciting careers such as:

- Product Designer – Create new and innovative products for industries like technology, furniture, or fashion.
- Architect – Design buildings and spaces that are functional and visually appealing.
- Industrial Designer – Develop systems, products, or processes with a focus on user experience.
- Graphic Designer – Use your creativity to design logos, branding, and visual materials.
- Interior Designer – Plan and design interior spaces that are both beautiful and functional.

Useful Links:

- [Careers in Product Design](#)
- [Architecture Careers](#)
- [Industrial Design Opportunities](#)

Whether you're interested in designing products, spaces, or systems, Year 10 Creative Design will provide you with the skills and knowledge to explore the world of design. No experience required—just a passion for innovation and creativity!





2025 Options

DANCE



Express yourself through movement and rhythm!

Year 10 Dance is an exciting opportunity to explore movement, creativity, and cultural expression. In this course, you'll get to choreograph your own spoken word dances, blending the power of language with the art of movement. You will learn how to create dance for the camera turning your spoken word choreographies into dance films. You'll also create dynamic performances inspired by Matariki, connecting dance with the rich traditions of Māori culture and the celebration of new beginnings. Dance isn't just about technique – it develops confidence, teamwork, and creative problem-solving, essential skills for any career path.

Year 10 Dance prepares students for NCEA level 1 Dance in Year 11.

Career Pathways:

Studying Dance can open doors to exciting career opportunities, such as:

- Professional Dancer – Perform in companies, musicals, or on television.
- Choreographer – Create and direct dance routines for performances or events.
- Dance Instructor – Teach dance styles and techniques to others.
- Dance Therapist – Use movement to help people express emotions and improve mental health.
- Arts Administrator – Manage dance events, festivals, or companies.

Useful Links:

- [Careers as a Dancer](#)
- [Choreography and Directing](#)
- [Becoming a Dance Teacher](#)

Whether you aspire to perform professionally, teach, or simply enjoy dancing, Year 10 Dance provides a creative and energetic outlet to explore movement and performance. No experience required—just a love for dance and expression!





2025 Options

DIGITAL TECHNOLOGIES



Step into the world of technology and innovation!

Year 10 Digital Technologies is all about developing the skills needed to thrive in a tech-driven world. You'll explore coding, software development, web design, and digital media creation. This subject gives you hands-on experience with the latest tools and technologies while fostering problem-solving, creativity, and critical thinking. Whether you're interested in gaming, app development, or digital design, Digital Technologies equips you with practical skills for the future.

Year 10 Digital Technologies continues on as a Year 11 NCEA course.

Career Pathways:

Studying Digital Technologies can lead to exciting careers, such as:

- Software Developer – Create applications, games, or systems for various industries.
- Web Designer/Developer – Design and build websites for businesses and individuals.
- Cybersecurity Specialist – Protect systems and data from security breaches.
- Game Developer – Design and develop video games for consoles, mobile, or PC.
- IT Support Specialist – Help companies manage and troubleshoot their tech systems.

Useful Links:

- [Careers in Software Development](#)
- [Web Design and Development Careers](#)
- [Cybersecurity Careers](#)

If you're passionate about technology, innovation, and digital solutions, Year 10 Digital Technologies will give you the skills to explore this exciting and fast-growing field. No prior experience required—just a curiosity for tech and a drive to create!





2025 Options

DRAMA



Step into the spotlight and bring stories to life!

Year 10 Drama offers an exciting journey into the world of performance, creativity, and expression. In this course, you'll master the art of stage combat with Shakespearean fight scenes, learning how to perform dynamic, choreographed duels from the Bard's most intense plays. Additionally, devise your own plays based on world creation myths, blending ancient stories with drama elements and conventions. Taking Drama will enhance your skills in communication, collaboration, and self-expression, which will serve you well in all areas of learning and life. The ability to work with others, understand different points of view, and communicate ideas and information effectively is highly valued in any future pathway. Year 10 Drama prepares students for NCEA level 1 Drama in Year 11.

Career Pathways:

Drama opens doors to a range of exciting careers, including:

- Actor/Performer – Star on stage, in films, or on TV.
- Director/Producer – Create and manage theatre, film, or television productions.
- Scriptwriter – Write plays, screenplays, or scripts for media.
- Theatre Technician – Work in lighting, sound, or set design for live performances.
- Drama Teacher – Inspire others by teaching drama in schools or through private instruction.
- Other careers may include: Lawyer, Events Coordinator, Speech therapist, Radio/TV presenter.

Useful Links:

- [Careers in Acting](#)
- [Becoming a Scriptwriter](#)
- [Technical Theatre Jobs](#)

Whether you dream of performing on stage or working behind the scenes, Year 10 Drama helps you develop the skills and confidence needed to pursue your passion.





2025 Options

FASHION TEXTILES AND DESIGN

Unleash your creativity and design your own style!



Fashion and Textiles Design is a dynamic and creative subject offered in Year 10. Ākonga will build upon their existing machine stitching skills and be introduced to fabric manipulation techniques, learning how to follow sewing patterns and explore various methods for applying designs to fabric. Through the iterative design process, ākonga will design and construct a range of products, including products and/or wearable fashion garments. Ākonga will work on portfolio-based projects, requiring effective time management and independent planning to achieve their best possible outcomes. This subject not only fosters creativity and technical skill but also encourages ākonga to consider sustainable practices in their design processes. Year 10 Fashion textiles and design prepares students for NCEA level 1 Fashion textiles and Design in Year 11.

Career Pathways:

Studying Fashion and Textiles Design can lead to exciting careers, including:

- Fashion Designer – Create and design clothing collections for brands or your own label.
- Textile Designer – Design fabrics and materials for fashion, interiors, or accessories.
- Fashion Stylist – Work in fashion styling for photo shoots, celebrities, or retail.
- Costume Designer – Design costumes for film, theatre, or television productions.
- Fashion Merchandiser – Manage the buying and selling of fashion products for retail stores.

Useful Links:

- [Careers in Fashion Design](#)
- [Textile Design Careers](#)
- [Becoming a Costume Designer](#)

If you're passionate about fashion, design, or textiles, Year 10 Fashion and Textiles Design offers the chance to turn your ideas into reality. No experience needed—just a love for creativity and innovation!





2025 Options

FOOD

Get creative in the kitchen and explore the science of food!



In Year 10 Food Technology, students will continue to learn important safety and hygiene practices to turn raw ingredients into tasty dishes. The course will also cover the science behind baking and how proteins work, as well as the skills needed to be a great barista. Using the Technological Design process, this subject encourages creativity, teamwork, and problem-solving as you develop your own food products and recipes.

Year 10 Food Technology continues as a Year 11 NCEA course.

Career Pathways:

Studying Food Technology can lead to a range of exciting careers, including:

- Chef/Culinary Artist – Work in restaurants, hotels, or as a private chef.
- Food Scientist – Research and develop new food products and technologies.
- Nutritionist/Dietitian – Help people maintain a healthy diet and lifestyle.
- Food Technologist – Design and improve food manufacturing processes.
- Hospitality Manager – Oversee operations in restaurants, hotels, and catering businesses.

Useful Links:

- [Careers in Culinary Arts](#)
- [Becoming a Nutritionist or Dietitian](#)
- [Food Science and Technology Careers](#)

Whether you're passionate about cooking, food science, or nutrition, Year 10 Food Technology provides a great foundation for pursuing a career in the food industry. No prior experience required—just a love for food and innovation!





2025 Options

MUSIC

Discover your sound and express yourself through music!



Year 10 Music is the perfect opportunity to explore your passion for sound, performance, and composition. Experience how Popular Music changed the landscape of the musical world in the 20th Century. From Blues, Hip-Hop and then into all other styles, you will get a chance to create, record and then perform music you have created or have studied.

Year 10 Music continues on as a Year 11 NCEA course.

Career Pathways:

Studying Music can lead to exciting careers in the music industry, such as:

- Performer/Musician – Play in bands, orchestras, or as a solo artist.
- Composer/Songwriter – Write music for films, commercials, or other artists.
- Music Producer – Work behind the scenes producing and recording music.
- Sound Engineer – Manage live sound for concerts or studio recordings.
- Music Teacher – Share your love for music by teaching others.

Useful Links:

- [Careers as a Musician](#)
- [Music Production and Engineering](#)
- [Becoming a Composer](#)

Whether you dream of performing on stage or producing music behind the scenes, Year 10 Music offers a chance to develop your talents and discover new pathways in the music world. No prior experience needed—just a passion for sound and creativity!





2025 Options

OUTDOOR EDUCATION

Step outside the classroom and into adventure!



Year 10 Outdoor Education is perfect for students who love nature and physical challenges. You'll participate in activities like hiking, camping, navigation, and team-building exercises, while learning key skills such as survival techniques, environmental awareness, and leadership. This subject helps build resilience, problem-solving abilities, and fitness, all while you explore the great outdoors.

Career Pathways:

Outdoor Education can lead to exciting career opportunities in fields like:

- Adventure Tourism – Become a guide for eco-tourism, outdoor excursions, or adventure activities.
- Conservation and Environmental Science – Protect and manage natural environments.
- Outdoor Education Instructor – Teach outdoor skills to others in schools or specialized programs.
- Emergency Services – Search and rescue, firefighting, and other emergency response roles often require outdoor survival skills.
- Parks and Recreation Management – Work in national parks or outdoor recreation centers.

Useful Links:

- [Careers in Adventure Tourism](#)
- [Conservation Jobs](#)
- [Outdoor Instructor Training](#)

Whether you want to pursue a career in the outdoors or simply love adventure, this subject offers skills and experiences that will benefit you for life! No experience required—just a passion for the outdoors.





2025 Options

SPANISH

Open the door to a world of opportunities by learning Spanish!



Year 10 Spanish gives you the chance to learn one of the most widely spoken languages in the world. You'll develop skills in speaking, listening, reading, and writing in Spanish, while also exploring the rich cultures of Spanish-speaking countries. Whether for travel, work, or personal growth, learning Spanish opens up new global connections and enhances your communication skills.

Career Pathways:

Studying Spanish can lead to a wide range of exciting career opportunities, such as:

- Translator/Interpreter – Work in business, government, or international relations, translating between English and Spanish.
- Diplomat/Foreign Service Officer – Use your language skills to represent New Zealand abroad.
- Tourism and Hospitality – Work in travel-related industries where speaking Spanish is a valuable asset.
- International Business – Engage in global trade and negotiations with Spanish-speaking countries.
- Language Teacher – Teach Spanish in schools or language institutes around the world.

Useful Links:

- [Careers in Language Translation](#)
- [International Diplomacy Careers](#)
- [Tourism and Travel Careers](#)

Whether you're interested in traveling, working abroad, or simply expanding your global perspective, Year 10 Spanish gives you the skills to communicate confidently in another language. No prior experience needed—just an enthusiasm for learning and connecting with the world!





2025 Options

TE AO MĀORI

Connect with the language and culture of Aotearoa.



Year 10 Te Reo Māori offers you the opportunity to immerse yourself in the Māori language while gaining a deeper understanding of the culture, traditions, and history of Aotearoa New Zealand. You'll learn to speak, listen, read, and write in Te Reo Māori, while also exploring Māori customs (tikanga), stories (pūrākau), and values. This subject fosters respect, cultural awareness, and a sense of identity, helping you become more connected to the rich heritage of our land.

Career Pathways:

Studying Te Reo Māori can lead to a variety of meaningful careers, including:

- Teacher/Kaiako – Teach Te Reo Māori in schools or language programs.
- Cultural Advisor – Support organisations with cultural guidance and Māori language expertise.
- Translator/Interpreter – Translate between English and Te Reo Māori in business, government, or media.
- Māori Media Specialist – Work in Māori television, radio, or journalism.
- Public Sector Worker – Use your knowledge of Te Reo and tikanga to support government agencies and iwi organisations.

Useful Links:

- [Careers in Māori Language](#)
- [Learning Māori](#)
- [Māori Media Careers](#)

If you're passionate about preserving and promoting the Māori language and culture, Year 10 Te Reo Māori will help you develop valuable language skills and cultural knowledge. No prior experience required—just a willingness to learn and connect with your heritage!





Some useful career links

Making the Right Choice for Your Future

Below are some useful sites to help guide your career planning:

1. Careers New Zealand

A comprehensive guide to careers, study options, and planning your future.

2. Vocational Pathways

Helps you explore career opportunities across various industries in New Zealand.

3. NCEA and Your Career

Explains how your NCEA subject choices link to career pathways.

4. New Zealand Job Profiles

Provides detailed information on different jobs in New Zealand, including skills required and pathways.

5. Career Explorer

A global resource to explore various careers based on your interests and strengths.

6. My Next Move

A U.S. site that helps you discover careers and what skills are needed, suitable for global exploration.

7. Prospects Career Planner

UK-based site that helps match your skills and interests to potential careers.

8. The Balance Careers

Offers career advice, job search tips, and guidance on various professions worldwide.

Using these resources will empower you to make well-informed decisions as you choose your Year 10 options and begin shaping your future career or vocation!

